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**Lyudmila Korostovtseva, MD, PhD**, is a Research Fellow at the Sleep Medicine Laboratory based at the V.A. Almazov North-West Federal Medical Research Centre, in St Petersburg, Russia. Being a cardiologist, she is particularly interested in the association of sleep disorders with cardiovascular diseases.

She was a fellow of the Marie Curie training program “Sleep Medicine and Sleep Research” (2010). Later, she was a visiting researcher (2 months, in 2011) in the Sleep laboratory at the Neurocentro della Svizzera Italiana di Lugano under the supervision of Prof. Bassetti (Lugano, Switzerland). In 2015-2016 she worked as a research fellow at the Sleep-Wake-Epilepsy Centre based at the Bern University Hospital (Bern, Switzerland) under the supervision of Prof. Bassetti. In 2015, she

was one of the organizers of the Workshop for Young Somnologists  
“Sleep: a window to the world of wakefulness” in St Petersburg (Russia).

She is recipient of several travel grants, prizes (Distinguished Activity Award for the World Sleep Day event, 2014 and 2015), research grants for sleep projects as the principal investigator (grant of the President of Russian Federation; award in recognition of the PhD work) and as a co-investigator.

Sursa: <https://esrs.eu/member/lyudmila-korostovtseva/>